



THE GOALS OF THE PROGRAM ARE:

1- To provide water safety skills while challenging participants with the “waterman” skills: swimming, running, paddling and lifesavings.

2- To provide an educational and recreational environment lead by experienced coaches and high school students to instruct young people on how to handle themselves safely in a variety of ocean situations.

3- To educate participants (CPR/First Aid) in the skills necessary to help others (family memebers and/or friends) in an emergency situation while building self confidence.